



Saberfiit Waiver of Liability and Informed Consent

Operator: Ashla Industries / Saberfiit / Marcus Dickinson

Activity: Saber-based fitness training, including warm-up drills, partner flow practice (Saberflow), and full-contact dueling (5x5 dueling and Lumina sparring).

Location: Anywhere Saberfiit activities occur.

Schedule: As listed on the Saberfiit website.

Participant Information

Full Name: _____ Age: ____ Email: _____

Phone: _____ Emergency Contact (Name & Phone): _____

Medical conditions, injuries, or physical limitations the instructor should know about:

For Participants Under 18

Parent or Legal Guardian Full Name: _____

Relationship to Participant: _____ Parent / Guardian Phone: _____

Acknowledgement of Risks

I acknowledge that participation in Saberfiit involves inherent and significant risks, including but not limited to: bruising, sprains, strains, lacerations, fractures, concussions, eye injuries, equipment failure, slips, falls, collisions with other participants, and other physical or psychological injuries. I understand these risks cannot be fully eliminated regardless of the precautions taken.

I confirm that I am physically capable of participating, am not under the influence of alcohol or impairing substances, and have disclosed any relevant medical conditions above.

Informed Consent

I have read this document in full, understand its contents, and have had the opportunity to ask questions about the activity, the risks, and any matter I do not fully understand. My participation is voluntary, informed, and given without coercion. I may withdraw consent at any time and stop participating without penalty.

Voluntary Participation

I am participating voluntarily and at my own discretion. I may stop participating, sit out any segment, or leave at any time without penalty.

Release and Waiver of Liability

In consideration of being permitted to participate in Saberfiit, I (on behalf of myself, my heirs, executors, administrators, and assigns) release, waive, and forever discharge:

- Marcus J. Dickinson
- Ashla Industries
- Saberfiit
- All instructors, volunteers, coaches, and assistants
- All other participants in the class
- The property owner of any venue used (including the Municipality of Quinte West and the operator of Centennial Park / Trent Port Marina)
- Any other person or entity involved directly or indirectly in providing or supporting the activity

from any and all liability, claims, demands, actions, or causes of action arising out of or related to my participation, including those caused by ordinary negligence, except as prohibited by the *Occupiers' Liability Act* (Ontario), the *Consumer Protection Act* (Ontario), or where caused by gross negligence or wilful misconduct.

Photo and Video Release (optional)

- ☐ I consent to photographs and video taken during class being used for Saberfiit promotional purposes.
- ☐ I do not consent. Please exclude me from photos and video.

Equipment Use

Equipment provided by Saberfiit is engineered for combat sport but breakages can occur. I will follow all instructor directions on safe handling and will report damage immediately.

Participant Signature: _____ Date: _____

(For minors) Parent / Guardian Signature: _____ Date: _____